Clinical Guidelines and Service Definitions

Trauma Assessment

Originated: 8/03
Reviewed 9/10
Revised 9/10
CAC Approved 9/10
Revised 11/13

Funding Stream
This is funded by Core Services if no other resources are available.

Definition of Service

- **Service goals are centered on promoting child and family safety and family protective capacity.**
- If it is known or strongly suspected that an individual has been traumatized, for example, witnessing domestic violence, sexual abuse or high conflict divorce, please refer for treatment, **not** an assessment.
- This service is utilized when a need to assess for the possibility of trauma has been identified. It can be utilized when the child or individual is pre- or nonverbal, developmentally delayed, has poor insight or is not sharing details of suspected abuse. This assessment is **not** used when there are professionals on the case that are qualified to speak to the presence of trauma and/or its impact on a given individual, nor when the individual is receiving another type of assessment that would identify the presence of trauma (i.e. Mental Health Assessment).
- **The report should contain the following information:** identifying information, referral source reason for referral, procedures used, collateral contacts, relevant history, findings, empathy and protective capacity and rationale for recommendations.
- The collection and review of collateral information **must** be obtained prior to completing the report and documentation of the collateral information must be included in the final written report. If unable to obtain collateral data within one week of the referral, the provider must outreach to caseworker/supervisor/Health Network care coordinator to facilitate collection of collateral information. Reports written without obtaining collateral information will not be reimbursed without prior approval from AspenPointe Health Network.

Estimated Length of Treatment:
Three to six hours, may be over several sessions

Frequency of Service:
One time per year

Provider Credentials:
- Be Licensed or have a Master’s Degree and has passed State of Colorado written licensing exam in any one of the mental health licensing areas (LPC, LMFT, LCSW).
- Provider must have specialized training and experience in trauma assessment and treatment within the specified age and/or development group.
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Provider Responsibilities:
Report required within ten business days of completed evaluation – both the Caseworker and Care Coordinator are to receive copies of the report.

Caseworker Responsibilities:
Caseworker is responsible for providing specific referral question(s) to the Care Coordinator on the referral form; this will enable the provider to most effectively address the relevant issues.

Staffing:
Not applicable.