Clinical Guidelines and Service Definition

SafeCare
For Court Involved Families

Originated: 8/2015

Funding Stream
This is funded by Core Services if no other resources are available.

Definition of Service

- Service goals are centered on promoting child and family safety and family protective capacity.
- This services is an in-home direct skill training to parents in four key areas: Health, Home Safety, Parent-Child/Parent-Infant Interactions, and Problem Solving and Communication.
- There must be a child age 0 – 5, an identified caretaker to work with (parent or kin), child(ren) at home or returning home shortly, and the family court involved.
- The health module involves the training of parents to use health reference materials, prevent illness, identify symptoms of childhood illnesses or injuries, and provide or seek appropriate treatment by following the steps of a task analysis. Parents are provided with a medically validated health manual that includes a symptom guide, information about planning and prevention, caring for a child at home, calling a physician or nurse, and emergency care. Parents are also supplied with health recording charts and basic health supplies (e.g., thermometer).
- The home safety module involves the identification and elimination of safety and health hazards by making them inaccessible to children. The Home Accident Prevention Inventory (HAPI) is a validated and reliable assessment checklist designed to help a provider measure the number of environmental and health hazards accessible to children in their homes. Rooms are evaluated using this assessment tool and then training takes place to assist parents in identifying and reducing the number of hazards and making them inaccessible to their children. Safety latches are supplied to families.
- The parent-child/parent-infant interactions module involves training on parent-infant interactions (birth to 8-10 months) and parent-child interactions (8-10 months to 5 years). The purpose of this module is to teach parents to provide engaging and stimulating activities, increase positive interactions, and prevent troublesome child behavior.
- The problem-solving and communication skills module involves helping parents work through the many problems they may face on a daily basis. Structured problem-solving involves correctly framing the problem, generating potential solutions, identifying pros and cons of those solutions, choosing a solution, and acting. SafeCare also teaches providers to use good communication skills including: how to frame a session, building rapport, how to ask questions to elicit more information, how to provide positive and corrective feedback, and how to close a session. Problem-solving and communication are used across the three SafeCare modules as needed.

Measurement of Success

- Parent/caregiver demonstrates the ability to identify symptoms of illnesses and injuries, as well as determine and seek the most appropriate health treatment for their child.
- Parent/caregiver demonstrates problem-solving skills when faced with conflict and utilizes learned communication skills.
- Parent/caregiver provides a safe environment for children, reducing hazards and making them inaccessible to children.
- Increased positive interactions between child(ren) and parent/caregiver.
Estimated Length of Treatment:
18 – 20 Weeks

Frequency of Service:
Up to 2 hours of service per week

Provider Credentials:
SafeCare providers must:
- Complete specialized SafeCare training prior to delivering the intervention.
- Ongoing coaching from a SafeCare certified Coach.

Provider Responsibilities:
Refer to Core Services Handbook or Provider Manual. Providers will have monthly direct personal contact with caseworkers to discuss the status/progress of the case.

Caseworker Responsibilities:
Refer to Core Services Handbook or Provider Manual

Staffing
- Staffings are not authorized for this service.