Clinical Guidelines and Service Definitions
Nurturing Parenting Programs

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Reviewed 3/10
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Revised 11/13

Funding Stream
Nurturing Parenting is not currently covered by insurance. A sliding scale fee is available. Parents in need of in-home or a structured nurturing program may be referred through Core Services.

Definition of Services
- Service goals are centered on promoting child and family safety and family protective capacity.
- The Nurturing Parenting Program is an evidenced-based program and includes in-home or group classes for parents with children from the ages of pre-natal to adolescence, as well as for teen parents. They teach basic parenting skills; effective behavior management tools; healthy bonding and development; and effective communication skills; help parents identify and recognize developmental stages; identify inappropriate expectations; and identify appropriate and healthy family roles. Children are to attend classes with parents, if possible.

Measurement of Success
- Client demonstrates empathy for the experiences and needs of their children.
- Client demonstrates ability to explain what their protective role and responsibilities entail, the consequences to the children should they fail to protect, and is able to articulate and demonstrate that they value and believe it is their primary responsibility to protect the children.

Estimated Length of Treatment:
Twelve to sixteen weeks
  16 weeks – parents of children 0-12
  12 weeks – parents of adolescents

Frequency of Service:
One time weekly for 2.5 to 3 hours.

Provider Credentials:
- Parent Group Lead Facilitator
  Must hold a minimum of a Bachelor’s Degree or higher in a mental health-related field. Must be a certified Nurturing Parenting facilitator, have assisted in at least one complete 0-12 program (16 weeks), or Parent/Adolescent Program (12 weeks) and be supervised by Master’s level clinician.
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**Children’s Group Facilitator** (for children age 12 and younger)
Must hold a minimum of a Bachelor’s Degree, or higher in a mental health-related field. Must be a certified Nurturing Parenting facilitator, have assisted in at least one complete 0-12 program (16 weeks), or Parent/Adolescent Program (12 weeks) and be supervised by Master’s level clinician.

**Childcare Providers**
Primary childcare staff will have a High School Diploma and child development training.

**Provider Responsibilities:**
Refer to *Core Services Handbook or Provider Manual*.

Providers will have monthly direct personal contact with caseworkers to discuss the status/progress of the case.

**Caseworker Responsibilities:**
Refer to *Core Services Handbook or Provider Manual*.

**Staffing:**
Staffing is not required for the program. Progress and recommendations are to be communicated directly with the caseworker and the client.