Clinical Guidelines and Service Definitions

Multi-systemic Therapy for Problem Sexual Behaviors

Originated: 05/07
Reviewed 7/10
Revised 7/10
CAC Approved 7/10
Revised 11/13

Funding Stream
MST/PSB is not a Medicaid or insurance covered service.

Definition of Service
- Service goals are centered on promoting child and family safety and family protective capacity.
- Multi-systemic therapy for youths with problem sexual behaviors is a family and community based treatment approach designed to promote victims safety and reduce the likelihood of future problem behaviors and criminal activity. MST/PSB is an approved SOMB model of treatment for juvenile offenders. MST/PSB focuses on the wide range of individual, family, peer, community and academic problems commonly associated with juvenile sexual offending. MST/PSB is primarily an exclusive service but may work with other providers during the course of treatment. The group therapy component consists of the family as a group.

Measurement of Success
- Family will be able to create and implement safety plans and consistently follow guidelines of informed supervision
- Client and family will demonstrate knowledge, skills and abilities in the following areas: eliminating problem sexual behavior, maintaining healthy relationships, understanding healthy sexuality, increasing household structure and supervision.
- Each family will participate in the completion of written sustainability plan to address successes, resources and aftercare as needed.

Estimated Length of Treatment:
6-8 months

Frequency of Service:
Up to 43 hours of service per month (approximately 10 hours per week per family) initially with graduated step down to an average of 32 hours per month (8 hours per week) toward end of treatment based on family need. Schedule to be set by Provider and Family.

Provider Credentials:
- Must be Sex Offender Management Board (SOMB) approved and comply with credentialing guidelines for approval as a Full Operating Level Provider or Associate Level Provider
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- All Evaluators must be an SOMB approved provider and must act in full compliance with SOMB guidelines
  -or-
  - Must have a Master’s Degree and have submitted an “intent to apply” waiver with a Sex Offender Management Board
- Must have direct weekly supervision by a Full Operating Level Provider
- Must have a minimum of eight (8) documented hours per year of continuing education, training, workshops in Sexual Abuse Treatment
- Must carry a workload no greater than 12 Core Services families per week

All providers must attend and complete the MST/PSB model training within 90 days of hire and actively attend weekly supervision and weekly consultation meetings with an approved MST PSB consultant. All providers of MST PSB will be an approved provider through the SOMB.

Provider Responsibilities:
- Submit monthly reports
- Schedule and attend staffings, court dates and other related meetings.
- Providers must be accessible by the family at all times during the day/week.

Providers will have monthly direct personal contact with caseworkers to discuss the status/progress of the case.

Caseworker Responsibilities:
Refer to Core Services Handbook or Provider Manual.

Staffing
An initial utilization review will be held within thirty days to forty-five days of service. Additional staffings will be held every 30 days or as needed. Each staffing should:
  - include caseworker, provider and any relevant professionals,
  - Be strength-based, family-centered, and
  - Identify clear goals, objectives, interventions, and time lines.