Clinical Guidelines and Service Definitions

Life Skills: Parenting

Funding Stream
Funds for Life Skills/Parenting may be accessed through private insurance in some families. A parent may engage in individual treatment with an emphasis on parenting. This possibility should be explored. Parents in need of in-home parenting services or a structured parenting program may be referred through Core Services.

Definition of Service
- **Service goals are centered on promoting child and family safety and family protective capacity.**
- This service provides hands-on, primarily in-home instruction for parents (including teen parents) with children from pre-natal to teenage years. This service is designed to strengthen parental competency. It promotes family independence by teaching families skill practice, parenting techniques (feeding, bathing, child safety, non-physical discipline, calming, identifying child care, recognizing the developmental stages, etc), problem solving, anger management, conflict resolution, household management, home cleaning, and how to access community resources and support systems, etc.

Measurement of Success
- Client demonstrates empathy for the experiences and needs of their children.
- Client demonstrates ability to explain what their protective role and responsibilities entail, the consequences to the children should they fail to protect, and is able to articulate and demonstrate that they value and believe it is their primary responsibility to protect the children.

Estimated Length of Treatment:
Three to six months

Frequency of Services:
Up to eighteen hours per family per month. Schedule to be set by Provider and family.

Provider Credentials:
Life Skills specialists are required to have:
- A high school diploma plus six months experience in human services provision
- Experience working with at-risk families in their homes or environments
- Knowledge of community resources, parenting techniques, basic household management, family conflict management, and child development

The workload will be no more than 20 Core Services families per week for each direct service worker.
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Life Skills Parenting
Continued

**Provider Responsibilities:**
Refer to *Core Services Handbook or Provider Manual.*

Providers will have monthly direct personal contact with caseworkers to discuss the status/progress of the case.

**Caseworker Responsibilities:**
Refer to *Core Services Handbook or Provider Manual.*

**Staffing:**
An initial staffing will be held as needed, a minimum of every 90 days. Additional staffings will be held as needed. Each staffing should:

- Be strength-based, family-centered, and
- Identify clear goals, objectives, interventions, and time lines.