Clinical Guidelines and Service Definitions
Intensive Therapeutic/Process Group

Funding Stream
- Private insurance companies and Medicaid may cover group therapy. These need to be exhausted before attempting to use Core Services as a funding source for group therapy.
- Core Services should only be used to pay for therapy if there is no other funding source.

Definition of Service
- **Service goals are centered on promoting child and family safety and family protective capacity.**
- Intensive Therapeutic/Process Group is an intervention that occurs primarily in a clinical setting. It should identify measurable goals/outcomes that are consistent with the FSP and/or treatment plan. Groups’ address many different issues, including relationship dynamics, conflict, coping skills, assertiveness, and may include a single group of people, or may be multi-family oriented. The Therapeutic/Process Group focuses on interpersonal dynamics.

Measurement of Success
- Client demonstrates empathy for the experiences and needs of their children.
- Client demonstrates ability to explain what their protective role and responsibilities entail, the consequences to the children should they fail to protect, and is able to articulate and demonstrate that they value and believe it is their primary responsibility to protect the children.

Estimated Length of Treatment:
Three to five months with transition to lower level.

Frequency of Services:
- Up to two hours of service per week.
- May use in combination of one other service (i.e., Intensive Individual or Intensive Family Therapy) up to four hours.
- This service will not be offered with any other type of Therapeutic service (i.e., Domestic Violence Individual, Sexual, Substance Abuse)

Provider Credentials:
Therapists providing Intensive Family Therapy services will:
- Be Licensed or have a Master’s Degree and has passed State of Colorado written licensing exam in any one of the mental health licensing areas (LPC, LMFT, LCSW), and
- Be working under the weekly supervision of a Master’s level licensed provider.
Clinical Guidelines and Service Definitions
Intensive Therapeutic/Process Group
Continued

In addition to the above requirements, providers must have the following credentials to provide services for El Paso County clients.  
- Present documentation outlining specialized training, workshops, or experience in Family Therapy and Risk/Safety Assessment
- Unlicensed providers will receive a minimum of four hours per month of documented clinical supervision/case review from an approved supervisor. An approved supervisor shall have three years post-licensure experience in provision of Family Therapy.
- A minimum of eight hours of annual continuing education, training, and workshops will be mandated by each employer.

**Provider Responsibilities:**
Refer to *Core Services Handbook or Provider Manual.*

Providers will have monthly direct personal contact with caseworkers to discuss the status/progress of the case.

**Caseworker Responsibilities:**
Refer to *Core Services Handbook or Provider Manual.*

**Staffing:**
Staffing will be held as needed. Each staffing should:
- Be strength-based, family-centered, and
- Identify clear goals, objectives, interventions, and time lines.