Funding Stream
Medicaid, Special Connections and Private Insurance should be accessed before Core Service dollars are requested. All pregnant women should be referred to the Special Connections licensed program in El Paso County.

Definition of Service
- Service goals are centered on promoting child and family safety and family protective capacity
- Intensive Outpatient Programs (ASAM Level II.1, IOP) provide nine or more hours per week of highly structured outpatient therapy and education to address substance abuse and mental health problems. The need for IOP services must be determined by a comprehensive biopsychosocial assessment in consultation with the client. Medical/psychiatric consultation, medication management and other support services may be needed. Such services may include individual and group counseling, medication management and family therapy.
- An IOP program should address a wide range of issues including, but not limited to: relapse prevention, models of addiction, triggers, managing emotions, physical effects of alcohol and other drugs, the interference of addiction with parenting, spirituality, medical aspects of addiction, stages of change, thinking errors, and other factors that influence life functioning due to the presence of addictive behaviors.

Measurement of Success
- Client demonstrates empathy for the experiences and needs of their children.
- Client demonstrates ability to:
  1. explain what their protective role and responsibilities entail,
  2. understand the consequences to the children should they fail to protect, and
  3. articulate and demonstrate that they value and believe it is their primary responsibility to protect the children.

Qualifications of Provider
Any Intensive Outpatient Program must be:
- licensed for Intensive Outpatient services by the State of Colorado, Office of Behavioral Health (OBH)
- meet current standards for clinical care and supervision of clinical staff.
- Staff must meet OBH qualifications.
Clinical Guidelines and Service Definitions
Intensive Outpatient Substance Abuse Services (IOP)
ASAM Level II.1
Continued

Frequency of Services
Group treatments may occur three times, or more, weekly depending on the need of the client. Individual treatment is frequently a supplement to group therapy and Family Therapy may be included.

Estimated Length of Treatment
IOP treatment typically lasts approximately 4-6 weeks. IOP may be utilized at different points in treatment such as prior to, or following, residential treatment.

Provider Responsibilities:
Refer to Core Services Handbook or Provider Manual.

Providers will have monthly direct personal contact with caseworkers to discuss the status/progress of the case.

Caseworker Responsibilities:
Refer to Core Services Handbook or Provider Manual.

Staffing:
An initial staffing will be held, if needed, within thirty days of assessment. Additional staffings will be held as needed. Each staffing should:

- Be strength-based and family-centered
- Identify clear, measurable goals, objectives, interventions, and time lines.