

Take action against depression.

Depression can take away health, wealth and the pursuit of happiness...but it can be successfully treated.

Depression Care Management is often an employer-funded, and always a confidential program that provides professional and compassionate one-to-one outreach and ongoing support to employees and eligible family members with depression. The program is clinically proven to improve treatment outcomes, to help individuals feel better about themselves, improve their quality of life at home and in the workplace, and be more productive at both.

Everyone benefits.

The mission of this web site is to provide assistance to all who seek to improve the quality of care for patients with depression.

All materials are available at no charge by contacting the Colorado Business Group on Health.



Depression Care Management Vendors

Updated: May 31, 2006

The following companies provide depression care management. Companies which provide all components of care shown to improve clinical and work outcomes report YES to all * questions. Each grid identifies whether individuals can purchase depression care management on a private pay basis from the provider.

HEALTH PLANS

Aetna	Currently Providing	Potential to Provide
Care Management		
Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	NO	YES
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	YES	
Performance Standards		
Engaging eligible patients	NO	YES
Short-term monitoring	NO	YES
Long-term monitoring	NO	YES
Performance Standard Reports to Purchasers	NO	NO
Do You Take Individual Subscribers On A Self-pay Basis?	NO	

Aetna Depression Disease Management Program

Contact Information: Hyong Un, MD at 215-775-6474 or UnH@aetna.com

Cigna	Currently Providing	Potential to Provide
Care Management		
Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES ⁺	
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	YES	
Performance Standards		
Engaging eligible patients	YES	
Short-term monitoring	YES	
Long-term monitoring	YES	
Performance Standard Reports to Purchasers	YES	
Do You Take Individual Subscribers On A Self-pay Basis?	NO	

⁺frequency of contact is determined on a case-by-case basis depending on the participant's clinical status but typically includes 6 contacts within 6 months.

CIGNA Behavioral Health Depression Disease Management Program

Contact Information: Nance Moeller-Roy, 952-996-2517 or Nance.moeller-roy@cignabehavioral.com

Kaiser Permanente Ohio

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education	YES
Short-term monitoring (6 contacts by month 6)	YES
Long-term monitoring (6 contacts in months 7-24)	NO
Protocolized PCP contact if patients fail to improve	NO

Performance Standards

Engaging eligible patients	NO
Short-term monitoring	YES
Long-term monitoring	NO

Performance Standard Reports to Purchasers NO

Do You Take Individual Subscribers On A Self-pay Basis? NO

Kaiser Permanente Depression Disease Management Program
Contact Information: Joyce Todd at joyce.todd@kp.org

Kaiser Permanente Southern California

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education	YES
Short-term monitoring (6 contacts by month 6)	YES
Long-term monitoring (6 contacts in months 7-24)	YES
Protocolized PCP contact if patients fail to improve	YES

Performance Standards

Engaging eligible patients	YES
Short-term monitoring	YES
Long-term monitoring	YES

Performance Standard Reports to Purchasers YES

Do You Take Individual Subscribers On A Self-pay Basis? NO

Kaiser Permanente Depression Disease Management Program
Contact Information: mark.dreskin@kp.org

DISEASE MANAGEMENT PROGRAMS

American Healthways	Currently Providing	Potential to Provide
Care Management		
Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	YES	
Performance Standards		
Engaging eligible patients	NO	YES
Short-term monitoring	NO	YES
Long-term monitoring	NO	YES
Performance Standard Reports to Purchasers	YES	
Do You Take Individual Subscribers On A Self-pay Basis?	NO	NO
<p>American Healthways Depression Disease Management Program Contact Information: Mark McConnell—Senior Vice President, Employer Solutions Group, Business Development at 615-263-7561 or jennifer.lauterbach@healthways.com</p>		

CareWise, Inc.	Currently Providing	Potential to Provide
Care Management		
Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	NO	YES
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	YES	
Performance Standards		
Engaging eligible patients	YES	
Short-term monitoring	NO	YES
Long-term monitoring	NO	YES
Performance Standard Reports to Purchasers	NO	YES
Do You Take Individual Subscribers On A Self-pay Basis?	NO	YES
<p>SHPS Health Care Services—CareWise Depression Disease Management Program Contact Person: Susan Weber, RN, CCM at 678-589-5008 or susan.weber@shps.com</p>		

Depression Solutions (CHOSE NOT TO PARTICIPATE)

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education
Short-term monitoring (6 contacts by month 6)
Long-term monitoring (6 contacts in months 7-24)
Protocolized PCP contact if patients fail to improve

Performance Standards

Engaging eligible patients
Short-term monitoring
Long-term monitoring

Performance Standard Reports to Purchasers

Do You Take Individual Subscribers On A Self-pay Basis?

Depression Solutions
Contact Information: Suzanne Ross at 800-343-6311 ext 2128 or suzanne_ross@matria.com

Focused Health Solutions

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	NO	NO

Performance Standards

Engaging eligible patients	YES	
Short-term monitoring	YES	
Long-term monitoring	NO	

Performance Standard Reports to Purchasers

YES

Do You Take Individual Subscribers On A Self-pay Basis?

NO

NO

Focused Health Solutions Depression Disease Management Program
Contact Information Cy Rohan, Director of Account Management at 847-282-8590

Health Dialogue

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	NO	
Long-term monitoring (6 contacts in months 7-24)	NO	
Protocolized PCP contact if patients fail to improve	NO	

Performance Standards

Engaging eligible patients	YES	
Short-term monitoring	NO	
Long-term monitoring	NO	

Performance Standard Reports to Purchasers YES

Do You Take Individual Subscribers On A Self-pay Basis? NO NO

Health Dialogue Depression Disease Management Program
Contact Information: Trip Hofer at 877-277-5900 x5238

Health Integrated

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education	YES	YES
Short-term monitoring (6 contacts by month 6)	YES	YES
Long-term monitoring (6 contacts in months 7-24)	YES	YES
Protocolized PCP contact if patients fail to improve	YES	YES

Performance Standards

Engaging eligible patients	YES	YES
Short-term monitoring	YES	YES
Long-term monitoring	YES	YES

Performance Standard Reports to Purchasers YES YES

Do You Take Individual Subscribers On A Self-pay Basis? YES

Health Integrated Depression Care Coaching Program
Contact Person: Mike Miniati at 877-267-7577

ProCare**Currently
Providing****Potential
to Provide****Care Management**

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	YES	
Protocolized PCP contact if patients fail to improve	YES	

Performance Standards

Engaging eligible patients	YES	
Short-term monitoring	YES	
Long-term monitoring	YES	

Performance Standard Reports to Purchasers YES**Do You Take Individual Subscribers On A Self-pay Basis?** YES

Pro Care's Depression Care Management Program
 Contact Person: Michael Allen, Director of Clinical Services
 Telephone Number: 719-572-6153

MANAGED BEHAVIOR HEALTHCARE COMPANIES**Magellan Behavioral Health****Currently
Providing****Potential
to Provide****Care Management**

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	YES	

Performance Standards

Engaging eligible patients	YES	
Short-term monitoring	YES	
Long-term monitoring	NO	YES

Performance Standard Reports to Purchasers YES**Do You Take Individual Subscribers On A Self-pay Basis?** NO NO

Magellan Depression Disease Management Program
 Contact Person: 860-507-1900

Managed Health Network

Currently Providing Potential to Provide

Care Management

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	YES	
Protocolized PCP contact if patients fail to improve	YES	

Performance Standards

Engaging eligible patients	YES	
Short-term monitoring	YES	
Long-term monitoring	YES	

Performance Standard Reports to Purchasers YES

Do You Take Individual Subscribers On A Self-pay Basis? NO

Managed Health Network Depression Disease Management Program
Contact Person: Steve Sell at 510-620-6450 or Steven.sell@mhn.com

United Behavioral Health

Currently Providing Potential to Provide

Care Management

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	NO	NO
Protocolized PCP contact if patients fail to improve	YES	

Performance Standards

Engaging eligible patients	YES	
Short-term monitoring	YES	
Long-term monitoring	YES	

Performance Standard Reports to Purchasers YES

Do You Take Individual Subscribers On A Self-pay Basis? YES*

*May take individuals with Medicare but not standard insurance.

United Behavioral Health Life Solutions Program
Contact Information: David Whitehouse MD, CMO at 203-619-4696

Wausau Benefits

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education	YES	
Short-term monitoring (6 contacts by month 6)	YES	
Long-term monitoring (6 contacts in months 7-24)	NO	YES
Protocolized PCP contact if patients fail to improve	NO	YES

Performance Standards

Engaging eligible patients	NO	YES
Short-term monitoring	NO	YES
Long-term monitoring	NO	YES

Performance Standard Reports to Purchasers

YES

Do You Take Individual Subscribers On A Self-pay Basis?

NO

NO

Wausau Depression Disease Management Program
Contact Person: Chris Galanos at 214-920-9076 x74448

PHARMACY BENEFIT MANAGEMENT

Practice Patterns Management (CHOOSE NOT TO PARTICIPATE)

Currently
Providing

Potential
to Provide

Care Management

Protocolized patient education		
Short-term monitoring (6 contacts by month 6)		
Long-term monitoring (6 contacts in months 7-24)		
Protocolized PCP contact if patients fail to improve		

Performance Standards

Engaging eligible patients		
Short-term monitoring		
Long-term monitoring		

Performance Standard Reports to Purchasers

Do You Take Individual Subscribers On A Self-pay Basis?

Practice Pattern Management Depression Disease Management Program
Contact Person: Christine Misukanis, Senior Benefits Specialist at 314-770-1666

IF YOUR COMPANY WISHES TO BE ADDED TO THIS LIST OF PROVIDERS OR IF LISTED COMPANIES WISH TO UPDATE INFORMATION ON THEIR PRODUCTS, PLEASE CONTACT CBGHealth@AOL.COM