

ASPENPOINTE

SINCE 1875...



TeleCare

TeleCare's program provides confidential, professional and compassionate one-on-one telephonic outreach and ongoing support: Depression Care Management: for people diagnosed with depression, or who have depression symptoms Chronic Disease Management: for people with asthma, diabetes Type II or congestive heart failure who also have a mental health diagnosis Recovery Care Management: for people in recovery from substance abuse.

Overview:

AspenPointe TeleCare, established in 2005, is a non-profit subsidiary of AspenPointe Health Network, a health care management company based in Colorado Springs. TeleCare's programs provide confidential, professional and compassionate one-on-one telephonic outreach and ongoing support to individuals with mental health conditions and chronic disease.

Diseases and mental health conditions supported include Asthma, Congestive Heart Failure, Diabetes Type II, depression, anxiety and sleep issues. TeleCare also supports those in recovery from substance abuse.

TeleCare is designed to help members to better manage their self-care to improve their overall physical and mental health. This added support helps improve their quality of life, enabling them to feel better about themselves at home and in the workplace.

In addition to supporting members directly, Care Managers communicate regularly with members' health care providers to provide for optimum treatment

Hours:

test

Support Line: Call (719) 572-6100



Since 1875, ASPENPOINTE has empowered clients, enriched lives and embraced purpose through individual and family services in mental health, substance abuse, employment & career development, education, housing, jail diversion & reintegration, telephonic wellness, and provider network services.

(719) 572-6100 | (800) 285-1204 | WWW.ASPENPOINTE.ORG