

ASPENPOINTE

SINCE 1875...



Published Trials

Over 20 randomized controlled trials demonstrate the effectiveness of Depression Care Management.

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Neumeyer-Gromer A, Lampert T, Stark K and Kallischnigg G. Disease Management Programs for Depression: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Medical Care* 2004;42:1211-1321.

Gilbody S, Whitty, P, Grishaw, J and Thomas R. Educational and Organizational Interventions to Improve the Management of Depression in Primary Care: A Systematic Review. *Journal of the American Medical Association* 2003; 289:3145-3151.

Badamgarav E, Wiengarter SR, Henning JM, et al. Effectiveness of Disease Management Programs in Depression: A Systematic Review. *American Journal of Psychiatry* 2003; 160:2080-2090.

Gensichen J, Beyer M, Muth C, et al. Case Management to Improve Major Depression in Primary Health Care: A Systematic Review. *Psychological Medicine* 2005; 35:1-8.



Since 1875, ASPENPOINTE has empowered clients, enriched lives and embraced purpose through individual and family services in mental health, substance abuse, employment & career development, education, housing, jail diversion & reintegration, telephonic wellness, and provider network services.

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