



Pediatrics

Times of special changes like divorce, a death in the family, or a move can be stressful for children. During times like that, children may have a range of feelings that are very confusing to them. AspenPointe Counseling is here to help the child and the family understand and get through difficult times.

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Signs that the child might need professional help:

- Long periods of sadness ? days or weeks and nothing seems to make them better
- Living in the past ? the child may seem to think more about the past than the present
- Withdrawn behavior ? they have little or no interest in playing or being with friends
- Problems saying good-bye to parents ? they do not want to let a parent leave
- Cannot concentrate ? they cannot settle on any play activities or jobs you give them
- Changes in daily habits ? not acting the way they normally do everyday
- Return to younger behavior ? wetting themselves, sucking their thumb
- Feeling a sense of responsibility or guilt - they may think a divorce or a death is their fault
- Feeling angry -they may take their anger out on other children by hitting, biting, and shouting.
- Temper tantrums ? they might kick and scream more often than before.
- Feeling anxious and worried - they may worry about the parents when they are not at home

Many of these behaviors are normal. Getting help is important if:

- the signs are more extreme than you normally see in other children,
- they last day after day or week after week, or
- you or the parents have tried to work with the child, but the problems continue.

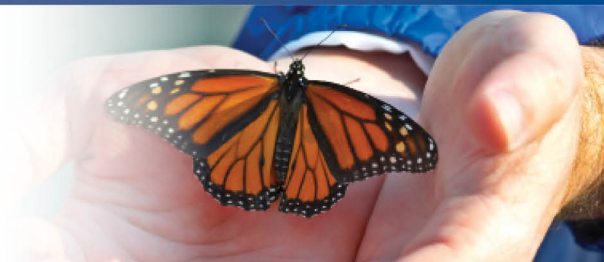
We offer the full continuum of care including:

Since 1875, ASPENPOINTE has empowered clients, enriched lives and embraced purpose through individual and family services in mental health, substance abuse, employment & career development, education, housing, jail diversion & reintegration, telephonic wellness, and provider network services.

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ASPENPOINTE

SINCE 1875...



- Intensive Out-Patient Therapy (several meetings a week)
- Out- Patient Therapy (one or two meetings a week)
- Play Therapy
- Family Therapy
- Easy access to crisis and higher level care



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