



Parenting Adolescents

The parenting adolescents program is designed for all parents and caregivers of teenagers whose behavior has entered into the extreme or out-of-control stage.

Overview:

More than 14 million children and adolescents in the United States, or 1 in 5, have a diagnosable mental health disorder that requires intervention or monitoring and interferes with daily functioning.¹ While many children with mental health disorders are not being diagnosed, primary care clinicians have been identifying children with emotional and behavioral disorders at an increasing rate.

The parenting adolescents program is designed for all parents and caregivers of teenagers whose behavior has entered into the extreme or out-of-control stage. Teenagers are out of control if they are between the ages of 11 and 18 and exhibit two or more behaviors for longer than 6 months:

Eligibility Criteria:

Parents of children 11 to 18 years old.

Insurance(s) Accepted:

Self Pay and most private insurances including but not limited to: UBH/UH, Aetna, Humana, Cigna, Blue Cross, Blue Shield and TRICARE

Hours:

Monday - Friday 8 a.m. to 6 p.m. Evenings and Weekends upon request.

Support Line: Call (719) 572-6100