



Enhanced Adult Services Team: Intensive Case Management

Clients on the Enhanced Adult Services Team (EAST) are served with a flexible model that includes drop-in as well as scheduled appointments for case management, medical services, home visits, community support, and individual and group therapy. A team of case managers helps clients (1) access community resources, (2) learn to manage symptoms of mental illness, and (3) set and achieve personal recovery goals.

Overview:

Clients on the Enhanced Adult Services Team (EAST) are served with a flexible drop-in model. A team of case managers helps clients (1) access community resources, (2) learn to manage symptoms of mental illness, and (3) set and achieve personal recovery goals. Clients are seen an average of two times weekly to meet all case management needs and to prevent inpatient admission. Clients will remain on the EAST team as long as is necessary, but the goal will be for transition to scheduled in-clinic services after three months of intensive services. Individuals referred to this team must be open AspenPointe Health Services clients.

Eligibility Criteria:

Adults ages 18 and over receiving outpatient services.

Insurance(s) Accepted:

Medicaid, Medicare, Self-Pay, Block Grant and Third Party Insurances

Hours:

Monday-Friday 8 a.m to 5 p.m.

Support Line: Call (719) 572-6100