



Employer

With our help, you can turn employees suffering from depression into more productive members of your workplace.

The hidden costs of depression in American business are staggering, far surpassing the treatment costs employers absorb. Depression costs American business \$63 billion each year, with \$36.6 billion resulting from reduced productivity and increased absenteeism, not the cost of treatment.

Clinical studies have shown:

1. Depressed workers report an extra 18.2 days of poor productivity each year.
2. Depressed workers report an extra 8.7 days of absenteeism each year.

What you should know about the treatment for depression

- People with depression can be successfully treated. Treatment typically includes a two-fold approach of medication and psychotherapy.
- 80% of people who receive adequate depression treatment will respond positively.
- There are challenges to effective treatment
 - The nature of the disease makes it difficult for people to seek or follow through with treatment (66% of people with depression never receive treatment)
 - 74% of Americans seeking help for depression visit a primary care provider (PCP). The majority of PCPs lack the time, training and other resources to treat depression
 - Poor medication compliance due to side effects and medication response time (4 out of every 10 depressed individuals who start antidepressant medications discontinue it before they can realize any clinical benefit)
 - Lack of follow through with recommendations to participate in therapy