

ASPENPOINTE

SINCE 1875...



Community Living Skills

The community living skills program provides youth hands-on training and assistance in areas which will assist them in becoming more self sufficient. This includes: money management, goal setting, communication skills, cognitive skills, conflict resolution, health and nutrition, creative expression thru art and more.

Overview:

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Many individuals lack the basic skills necessary to survive in today's highly competitive world. A step beyond traditional "life skills classes," our Community Living Program teaches individuals hands-on training in a variety of areas. The classes are individualized to best meet the needs of the youth.

Eligibility Criteria:

Youth ages 11-21 years old

Insurance(s) Accepted:

There are several different funding streams for our services, which include: being open with AspenPointe Health Services (for ongoing therapy and/or medication management), NYC, Probation, School Districts, Jail Diversion, and self-pay.

Hours:

M-F 8-5pm by appointment; some later appointments are available based on need.

Support Line: Call (719) 572-6100



Since 1875, ASPENPOINTE has empowered clients, enriched lives and embraced purpose through individual and family services in mental health, substance abuse, employment & career development, education, housing, jail diversion & reintegration, telephonic wellness, and provider network services.

(719) 572-6100 | (800) 285-1204 | WWW.ASPENPOINTE.ORG