



## Chronic Disease Management

Chronic Disease Management is a confidential, telephonic support program for people with at least one of the following chronic diseases: Asthma, Congestive Heart Failure or Diabetes Type II, Chronic Pain and who also have a mental health diagnosis. This program is completely telephonic.

### Overview:

In 2010, TeleCare added the Chronic Disease Management (CDM) program. CDM is a confidential telephonic program for supporting members who have a mental health condition and have at least one of the following diseases: asthma, congestive heart failure or diabetes type II.

Care Management is provided by Registered Nurses who have the skills and education to recognize symptoms of physical health issues and mental health conditions. Nurse Care Managers assess a member's level of self-care, educate them about their disease and assist them in reaching self-management goals. Often, members are overwhelmed with what they are required to do in order to manage their disease. By taking small steps, members are able to learn to manage their self-care.

### Eligibility Criteria:

Mental health diagnosis and at least one of the following diseases Asthma, Congestive Heart Failure, Diabetes, Type II, Chronic Pain

### Insurance(s) Accepted:

Medicaid. This program is free to Medicaid members who meet eligibility requirements.

### Hours:

Monday-Friday 8 a.m. to 5 p.m.

**Support Line: Call (719) 572-6100**