



## Adult Substance Abuse Program

AspenPointe's Adult Substance Abuse Program (ASAP) helps individuals break the chains of addiction. Recovery is about learning new skills for the challenges of life and about discovering the freedom of living without substances. The ASAP program offers hope and a new beginning.

### Overview:

ASAP Intensive Outpatient and Outpatient Treatment programs are for chemically-dependent persons. These programs offer day and evening sessions; each session consists of three hours of group. Intensive Outpatient clients meet three times a week for six weeks. Outpatient clients meet two times a week for eight weeks.

The groups use "Evidence-Based" curriculum, which includes: Early Recovery Skills, Relapse Prevention Skills, Family Education Group, and Aftercare/Social Support Group.

There is also an aftercare group that meets weekly and is open to all graduates for ongoing social support and skills reinforcement to maintain a substance-free lifestyle for as long as this support is needed.

### Eligibility Criteria:

Any person struggling with substance abuse.

### Insurance(s) Accepted:

Medicaid, Indigent MSO funding, some third party. Funding is available for most uninsured people seeking treatment.

### Hours:

Day groups meet from 12:00-3:00 on Monday, Tuesday, and Thursday. Evening groups meet from 5:15-8:15 on Monday, Tuesday, and Thursday. Aftercare group meets Wednesdays from 5:30-7:00.

**Support Line: Call (719) 572-6100**